New Arrival

Neonatal and Infant Nutrition Handbook 2007 3rd Edition

The 2007 edition of this nutrition handbook for dietitians and paediatricians is now available. The handbook was edited by Barbara Cormack, Neonatal Dietitian, Auckland City Hospital, New Zealand with assistance from New Zealand, Australian and British neonatal and paediatric experts.

The handbook covers:

Neonatal Nutritional Requirements and Special Needs

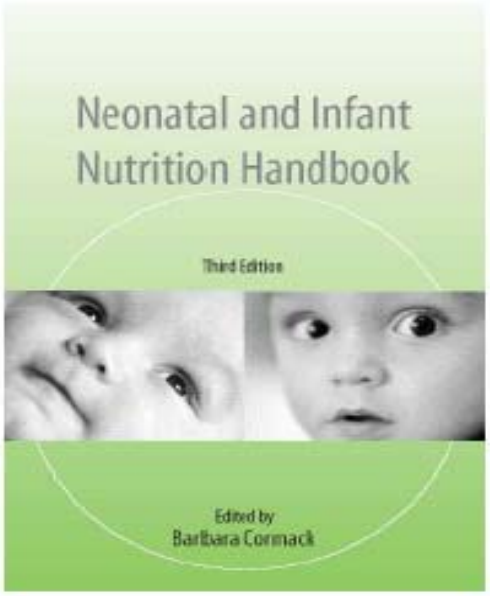
- Expected weight gain and growth
- Neonatal enteral nutritional requirements
- Nutritional management of the special care neonate
- Vitamin & mineral supplementation

Feeding Alternatives

- Preterm breastmilk composition and fortification
- Assessment of breastmilk intake & maximising intake
- Standard & special infant formula composition per 100 ml
- Concentrated feeds, increasing energy and protein

Paediatric Information – Enteral and Parenteral

- Energy equations for children in hospital
- 2006 Nutrient reference values
- Starting paediatric enteral feeds
- Enteral and oral feeds composition
- Biochemical tests –normal ranges
- Vitamin conversion factors
- Metric and Imperial conversion chart
- Useful websites
- Recommended reading



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